



Our new baby

Point to talk about the baby, to help, and to say how you feel. Every feeling is okay.

The baby



our baby



crying



sleeping



milk



diaper



stroller

I can help



gentle hands



quiet voice



sing a song



bring things



show a toy



wash my hands

Talk



hi, baby



I love you



look



wow

can I hold the
baby?



my turn

I feel



happy



proud



excited



jealous



left out



sad

I need



a hug



play with me



look at me



time with you



quiet

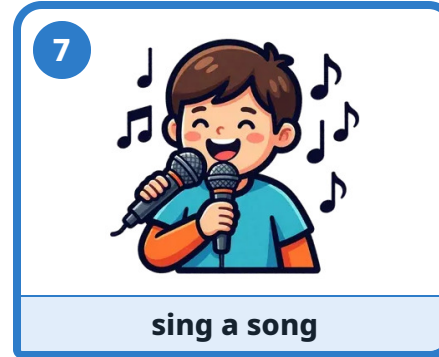
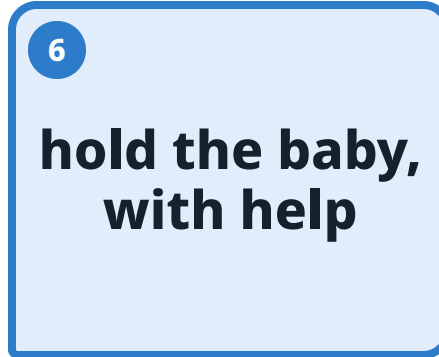
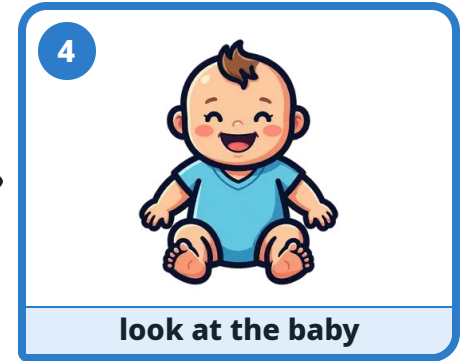


help



Meeting the baby

Practice with a doll first. Then point to each step as it happens.



Badges: cut them out, and tape or pin one on





Time with me

Cut out the cards. The big brother or sister picks one, and a grown-up does it with them: just the two of you, even for ten minutes.



read a story

Just you and me.



play a game

Just you and me.



go to the park

Just you and me.



bake together

Just you and me.



draw together

Just you and me.



build

Just you and me.



bike ride

Just you and me.



snuggle

Just you and me.