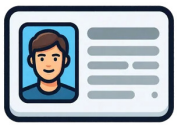
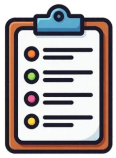
At an appointment

For the doctor, the dentist or a therapist. Point, look or nod. Please ask one question at a time.

yes	no	not sure	wait

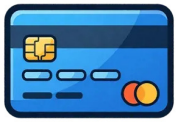
Check in

check in	waiting room	insurance card	photo ID	forms	pen
					

Tell them

I have pain here	It’s getting worse	It’s getting better	I take medicine for this
I have an allergy	I’m nervous	Please explain again	Please write it down
Can my support person stay?	I need more time	I need a break	Stop, please

Before I go

next appointment	medicine	a test	write it down	pay	go home
					

Pictures and layout © 2026 LMNOP LABS LLC